

AquaKids & AquaSquads

information pack



IMPORTANT INFORMATION - PLEASE READ IN FULL

www.houtbayswimmingacademy.com



Individual Lessons

AquaKids (from 2 years and up)

What to expect...

Our predominant offering is private, one on one lessons that allow us to concentrate on each individual child and their unique swimming needs.

Children are encouraged to learn at their own pace, without undue pressure. We believe in using a loving, nurturing approach to swimming, hence our slogan "We teach with Love". This ensures a happy, confident future little swimmer.

Individual lessons run for 15 minutes. Although this may seem short, you will soon see it is sufficient time for children to grasp many essential swimming skills. Of course, as with all learning, the more you do, the faster you will see results.

Therefore opting for two lessons per week, alongside home practice in the bath or pool, will certainly help to speed up the process.



We encourage parents to watch and lightly interact with their child so that positive swimming behaviour is reinforced. If you are not sure, take some time to watch your child's teacher, and you will soon grasp what they are asking from your child. Sometimes, your teacher may ask you to 'grab a cup of tea' if they see that it will help to have you out of the pool area.

Until a bond and trust have been properly established with the teacher, some little ones may be nervous about the pool environment which is both novel to them and also very stimulating. To ensure a gentle transition with the least amount of separation anxiety, we ask that you ALL bring an extra towel to sit on beside the pool.

Our teachers will ensure that they adapt to each child's unique response to water to ensure they have a positive first swimming experience.





Group Lessons

AquaMinis (from 4 years and up)

AquaMinis is an introduction to group-related swimming activities. When your child is ready to progress to a longer swim time, or is ready for a novel swimming experience, we will discuss with you about pairing them up with another child or two.

This is a great way for kids to transition on from AquaKids and prepares them for AquaSquads.

AquaSquads (from 7 years and up)

Once your child is proficient in all 4 strokes and diving, we shall discuss with you about moving them into a Squad lesson.

Both AquaMinis and AquaSquads are half an hour in length with your child/ren swimming with other children of similar age and/or ability.

Practical Information

ALL YOU NEED TO KNOW!



OUR ADDRESS

Our pool is situated on the ground floor of the Village Square apartment block. The entrance can be found down a short alley between The Beach Clinic and Signature Real Estate on Beach Crescent, in Hout Bay. If you are unsure, please feel free to contact us via WhatsApp for more specific directions.

PARKING

There is plenty of off-street parking available.

LESSON TIMES

Through your discussion with our Operations Manager, your child/ren will be given a specific lesson time and day. While this is subject to change, it remains fixed week on week unless there is clear communication about any changes with our Operations Manager. Should you have specific requests please note that some time slots are in high demand and you could be placed on a waiting list.

Please ensure you arrive 5 minutes before your lesson to settle in, change and put on a cap and goggles. It is requested that all children sit quietly at the pool side, please.

Fee Information

PLEASE READ THIS!



- We run our swim school using a MONTHLY fee structure that continues throughout the year. We take a break over the December holidays.
- Fees are due monthly, at a flat rate, and are invoiced via email before the first of each month.
- Fees are paid for the month ahead and are due by the 1st of the month. You may want to consider adding us as a beneficiary with your bank and setting up a scheduled repeat monthly payment.
- On booking your lessons, a Registration Fee of R120 is payable with your first month's invoice. This Registration Fee is a once-off amount.
- Please contact us should you require a payment plan, so we can attempt to accommodate you and your child.

Registration Fee (Non-Refundable)	R 140,00
AquaBabes (Once a Week 30 Minute Group Lesson)	R 510,00
AquaKids (Once a week 15 Minute Lesson)	R 510,00
AquaKids (Once a Week 30 Minute or Twice a Week 15 Minute Private lesson)	R 1020,00
AquaMinis (Once a Week 30 Minute Mini Squad)	R 510,00
AquaSquads (Once a Week 30 Minute Group Lesson)	R 510,00
AquaSquads (Twice a Week 30 Minute Group Lesson)	R 1020,00
Advanced Squads (Once a Week 45 Minute Group Lesson)	R 510,00
Advanced Squads (Twice a Week 45 Minute Group Lesson)	R 1020,00

A R10 sibling discount/month is also available.

FAQs

PLEASE READ THIS!



WHAT IF WE MISS A LESSON?

Our policy on make-up lessons is as follows:

A typical swim school policy is that if you cancel a lesson, for whatever reason, that lesson is considered forfeited. However, we understand how busy life can be. Therefore should you need to miss a class, our Operations Manager is happy to slot you into another time slot provided there is a cancellation. Please message HBSA in the morning to check if your teacher has had a cancellation that you could fill

Please note that make-up lessons are not prearranged or organised in advance!

WHAT PAYMENT REFERENCE MUST I USE?

YOUR CHILD/REN'S NAME AND SURNAME (N.B. *This ensures the accurate capture of your payments*)

WHAT IS YOUR TERMINATION POLICY?

Should the time come to stop swimming lessons, for whichever reason, we require at least 1 month's notice! This needs to be in the form of an email or Whatsapp to info@houtbayswimmingacademy.com or 083 987 6899.

What to bring

Checklist below!

■ A swimming costume. A full-piece costume is best – a Speedo or something of a similar style and comfort ensures maximum range of movement.

■ A cap. **THIS IS COMPULSORY** for all swimmers for hygiene reasons.

■ A towel.

■ Another towel for mom/caregiver to sit on the step with feet in. This helps the little ones for their initial few lessons until they have formed a bond with the teacher and are then comfortable without mom/caregiver.

■ A small snack for afterward. Swimming is fantastic exercise, so your child may be hungry!

Yours in swimming,



Wendy & the HBSA Team